

RESIDENTIAL PROGRAMME

SELF-MANAGING LEADERSHIP

4-6 September 2024

**Find your purpose and define
the next chapter of your life**

In collaboration with Oxford Leadership

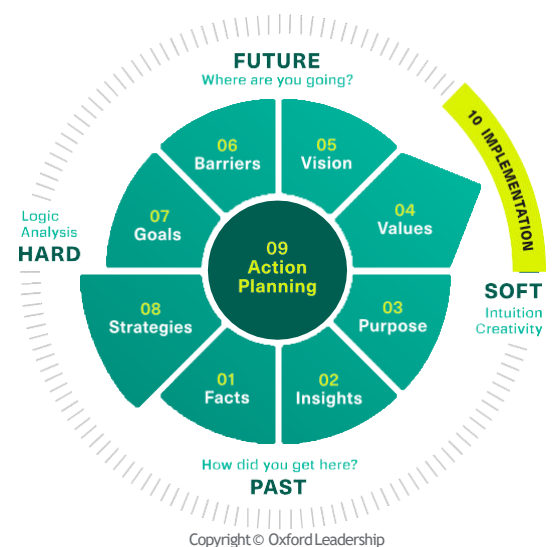
Are you ready to find your "why" and unlock the power of purpose in your professional and personal life?

Almost one million executives have already discovered their "why" through our Self-Managing Leadership (SML®) Programme. They are proof that it's possible to enjoy professional and personal success while having a positive impact on the world around you. Our 10-step model helps participants identify their purpose, values and vision in order to define the focus and character which define their leadership. Each participant will develop a 90-day action plan to focus on the few things which have the largest impact, on both their personal and professional development.

A powerful step-by-step framework is used to focus, change negative habits, make critical choices and bring plans to life. Participants learn how to transform at the individual, team and organisational level.

Harness the power of purpose in ten modules

Our proven 10-step programme gives you everything you need to find your purpose, identify your vision, and make it happen



Programme Facilitators



Agneta Dieden
LEADERSHIP CONSULTANT

Agneta is one of Companions for Leadership's most experienced Self-Managing Leadership facilitators. She has facilitated many leadership programmes as well as customised team interventions. She is an experienced executive coach and leadership consultant who has worked across many industries for almost twenty years.



Jessica Löwenhielm
LEADERSHIP CONSULTANT

Jessica is an experienced executive coach and leadership consultant, recognised as a leading facilitator of transformative change. With over 15 years in senior executive roles within FMCG as well as banking and insurance, Jessica navigates change adeptly. Her essence lies in guiding clients toward visionary leadership, transcending traditional norms.



Anna Serner
LEADERSHIP CONSULTANT

Anna has over 25 years of experience in CEO roles, where she implemented the Self-Managing Leadership programme for her teams, as well as on an organisational level. She is now a facilitator, coach and leadership consultant with experience from the industry, public sector and academia.



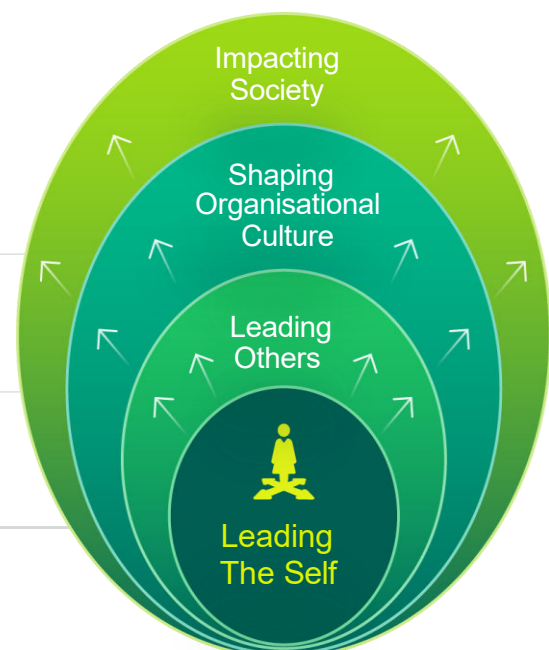
How the SML® Programme will benefit you and your organisation

Through careful introspection and guided facilitation, you will:

- Identify your negative and positive patterns/habits and behaviour that are present in your life.
- Identify your purpose or that which gives meaning to your life.
- Create a future vision for your life in three key areas: your role as a leader, your role in your family/community life and your personal life.
- Recognise and put in place a plan to overcome barriers which are holding you back from becoming all that you can be.
- Emerge with concrete strategies for managing yourself, your relationships, your career and your organisation better.
- Leave with a framework for self-management and personal accountability and with a plan for embedding your learning in practice after the course.

How we develop leaders

LEVEL 04: COMMUNITY	Creating interconnected communities aligned by a purpose beyond products, profits and self-interest
LEVEL 03: ORGANISATION	Developing collective organisational wisdom to make leaders and organisations more agile, more engaged
LEVEL 02: TEAM	Developing team wisdom, trust and commitment to a purpose beyond individual egos
LEVEL 01: INDIVIDUAL	Developing the leader from the inside out



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Sign up to the world's most popular Self-Managing Leadership Programme

We are delighted to offer this 2.5 day SML® programme as an open seminar. It will be an inspiring and interactive workshop with moments of deep personal reflection.

The programme includes dozens of real life examples of personal and professional transformations and international best practices, making this programme especially beneficial.

For more information or to register:

events@companionsforleadership.com

Registration closes on 20 June 2024

WHEN

Start: 10:00 4 September 2024

End: 13:00 6 September 2024

COST

€2,120 (SEK 24.000) excl. VAT

Includes:

Programme cost €1,500 (SEK 17.000)

+ 2 Nights accommodation and meals €620 (SEK 7.000).

ADDRESS

32 Rum & Kök
Stora gatan 79, Sigtuna

Travel cost is excluded



What people say about the SML® Programme

"This course was a chance for me to re-think who I am and how I want to lead. I developed a clear beacon for my personal and professional development through the creative exercises and appreciated the opportunity to travel this journey with inspiring peers."

Vanessa Butani
Senior Manager Sustainability
ELECTROLUX, SWEDEN



"It is a great opportunity to know and work on our strengths and weaknesses in order to develop a plan. I truly believe that deep change occurs only by example, and we as executives must lead with examples and actions rather than words."

T.B.Silva
VP Human Resources
TELEFONICA



"This course gave insights since it opened up a possibility to go inside myself and start a structured process both privately and professionally. We got great guidance throughout the process and worth while tools for taking the nextstep."

Urban Broberg
Manager Data Warehouse Systems
SEB, SWEDEN



Human Potential Unlocked