

RESIDENTIAL PROGRAMME

# SELF-MANAGING LEADERSHIP®

Find your purpose and define the next  
chapter of your life

03 - 05 May 2023

THE OXFORD LEADERSHIP SELF-MANAGING LEADERSHIP® (SML®) PROGRAMME

**companions**  
for LEADERSHIP



## Are you ready to find your **'why'** and unlock the power of purpose in your professional and personal life?

Almost one million executives have already discovered their 'why' through our Self- Managing Leadership® (SML®) Program. They're proving that it's possible to enjoy professional and personal success while having a positive impact on the world around you.



### Embedding purpose and values in the way you live and lead



#### To lead others...

You first need to learn how to lead yourself, expand your vision and develop your EQ.



#### To be credible...

Your purpose must become integrated in your life - and you need to talk your walk.



#### To be authentic...

You must act from the inside, guided by your own purpose and values.



#### To make a difference...

Your purpose and values must become your North Star that guides your choices, decisions and actions.



*"Leaders will benefit from making a leadership journey that touches their hearts and minds. This is an inspirational experience that allows personal leadership to be the starting point and anchor for better team and organisational leadership."*

**Heiko Hutmacher**  
Board of Management – CHRO  
METRO

## SML® Program Methodology

A powerful step by step framework for focusing, changing negative habits, making critical choices and bringing plans to life. Participants learn how to influence change at the individual, team and organisation level.



*“At first I was intrigued by the offered methodology which is designed around self discovery through an investigation. I like that since there’s nothing artificial imposed on my. The methodology suggests that my purpose is sitting somewhere there deep-rooted in my personality. After joining the course and going through the necessary steps I found some things which I didn’t consider before and I must admit that just by finding those things I instantly got an energy bump in my daily life as if I found a source of energy. Highly recommend this course!”*

**Vladislav Andreev**  
Managing Director at FANATIC

Our 10 step model helps participants identify their purpose, values and vision in order to define the focus and character which defines their leadership. A 90 day action plan for each participant will be developed focusing on the few things which have the largest impact, for both personal and professional development.

## How the Oxford Leadership Academy SML® Programme will benefit you and your organisation



Identify your negative and positive patterns/habits and behaviours that are present in your life.



Identify your purpose or that which gives meaning to your life.



Create a future vision for your life in three key areas: your role as a leader, your role in your family/community life and your personal life.



Recognise and put in place a plan to overcome barriers which are holding you back from becoming all that you can be.



Emerge with concrete strategies for managing yourself better, your relationships, your career and your organisation.



Leave with a framework for self management, personal accountability and a 90 Day Action Plan.



## Get the right guidance and support for lasting change



World class coaching and guidance tailored to your SML® Journey.



Personalised support in developing your internal compass.



Experience the power of asking the right questions.



Guidance on how to successfully plan and Implement the 90-day Action Plan.

**Start writing the next chapter of your life**

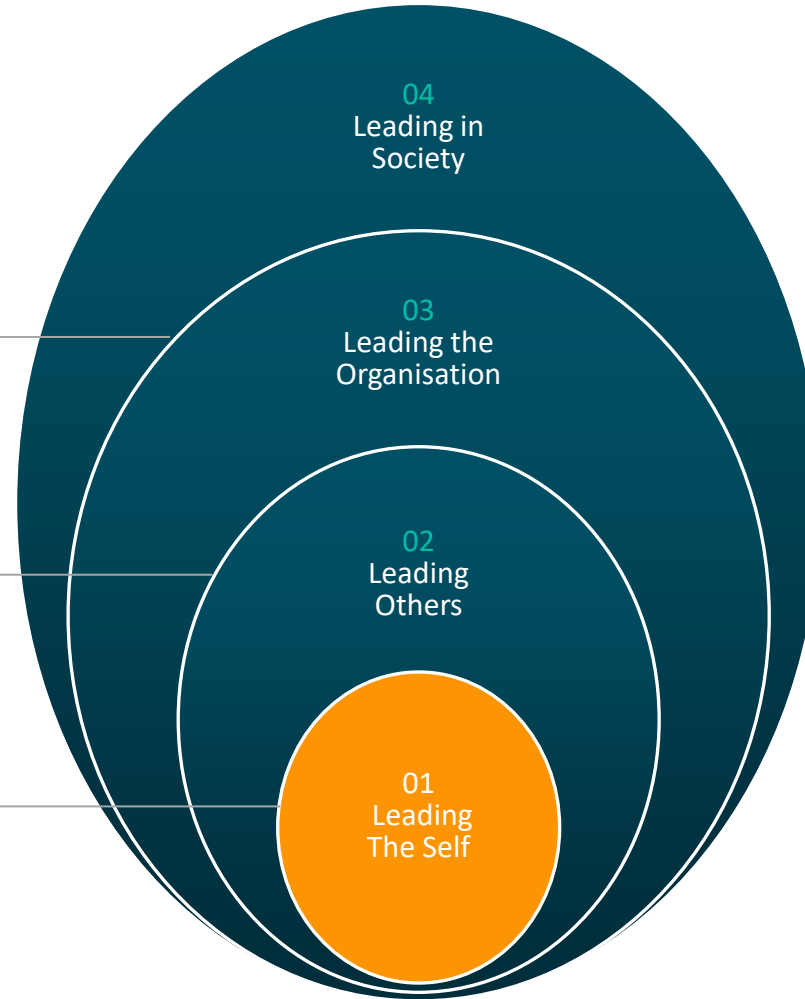
## How we develop leaders

**Level 04:**  
**Community** Creating interconnected communities aligned by a purpose beyond products, profits and self-interest

**Level 03:**  
**Organisation** Developing collective organisational wisdom to make leaders and organisations more agile, more engaged

**Level 02:**  
**Team** Developing team wisdom, trust and commitment to a purpose beyond individual egos

**Level 01:**  
**Individual** Developing the leader from the inside out



*“This course gave insights since it opened up a possibility to go inside myself and start a structured process both privately and professionally. We got great guidance throughout the process and worth while tools for taking the next step.”*

**Urban Broberg**  
Manager Data Warehouse Systems  
SEB, SWEDEN



## Programme Facilitators



### Lasse Wrenmark

LEADERSHIP COMPANION

Lasse is one of Companions For Leadership's most experienced facilitators and an accredited facilitator of the Oxford Leadership Academy SML® which he has been delivering for over two decades.

Lasse draws on his personal and practical experience of leading his own companies through upturns and downturns. He relates effectively to leadership styles and needs in turbulent times. Based in Sweden, Lasse works in Swedish and English.



### Mikaela Nyström

LEADERSHIP COMPANION

Mikaela is a senior consultant at Companions For Leadership and an accredited facilitator of the Oxford Leadership Academy SML®. She brings over 25 years' of experience in HR and HRD. She has been a management team member of several leadership teams, initiating flagship leadership development programs at all levels. Today she is working as a facilitator and coach with international companies globally focusing on Leadership development as well as individual and team coaching.

## Programme Details

We are delighted to offer this 2 1/2 days SML® Programme as an open seminar. It will be an inspiring and interactive workshop with moments of deep personal reflection.

The programme includes dozens of real-life examples of personal & professional transformations and international best practices making this programme especially beneficial.



### Timing

Start: 12:00 Wednesday 3rd May 2023 (Pre Lunch)

End: 15:00 Friday 5th May 2023 (Post Lunch)



### Costs

€2,750 Excl. Vat

Includes: Programme Costs (€1,500)

+ 2 Nights' Accommodations/Meals (€1,250). *Travel excluded.*



### Location

Châteauform, Le Grand Mello,

Route De Clermont - 60660 Mello, Oise – Picardie

For information and/or register: [events@companionsforleadership.com](mailto:events@companionsforleadership.com)

# companions

for LEADERSHIP

**Making the world of organisations wiser,  
truly daring & caring for the whole**



**WE ARE EXPERTS**  
in leadership  
development and  
organisational  
transformation at  
scale



**WE ARE  
COMMITTED**  
to a triple bottom  
line engagement



**WE CREATE**  
conditions for  
innovative bespoke  
solutions



**WE HAVE GLOBAL  
PRESENCE** and  
client base



**WE ALWAYS FIELD**  
world-class global  
teams

Business, like life, is a journey. What makes it great often lies in the encounters and experiences that we live and share with those who have crossed our paths and travelled with us. Those we were able to lean on and rely on when the winds were against us or in the worst storms. Those who have guided us towards the right way and the best roads to take. Those who were able to challenge and enrich our choices and decisions. Those we can call our companions.

***We are your trustworthy and energising  
companions for your progress and fulfilment all  
along your leadership journey.***

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